



ALBERTO RIVERA M.D.

F.A.A.P.M.R., A.B.P.M., A.B.D.A
Interventional Pain and Regenerative Medicine

OFFICE ADDRESS 6236 Kingspointe Parkway, suite 6, Orlando, Florida, 32819

MEDICAL LICENSURE

10/15 - PRESENT Florida Medical License ME 125319

SPECIALTY BOARDS

2005 American Board of Physical Medicine and Rehabilitation
2011 American Board of Pain Medicine
2013 American Board of Disability Analysts

SKILLS

- Ultrasound-guided musculoskeletal and spine injections
- Epidurals
- Epidural Lysis of Adhesions
- Medial branch nerve blocks
- Stellate Ganglion Block
- Ganglion Impar Block
- Chemodenervations
- Spinal Cord Stimulator
- Intrathecal Pump
- Radiofrequency Lesioning
- Vertebroplasty
- Kyphoplasty
- Hydrodiscectomy
- Platelet Rich Plasma (PRP)
- Stem Cells
- Medical Cannabis
- Botulinum toxin injections for facial aesthetics and headaches
- Hormone replacement therapy
- Peptide therapy
- Thread lifting
- Body contouring
- Lifestyle medicine
- Ozone therapy
- Weight loss
- Body composition analysis
- IV therapy



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CERTIFICATIONS

BLS
USMLE Steps 1, 2 and 3
Interventional Spine Pain Management Procedures
Medical Cannabis Certified

PRIVATE PRACTICE

08/2013 – 12/2017	Ponce Pain Management, PSC	Ponce, Puerto Rico
01/2012 – 01/2013	Ponce Pain Doc., Inc.	Ponce, Puerto Rico
01/2010 – 01/2012	Villalba Pain Rehab	Villalba, Puerto Rico
08/2006 – 12/2010	Back and Musculoskeletal Pain Institute	Ponce, Puerto Rico
07/2005 -12/2006	Instituto de Dolor de Espalda y Músculoesqueletal	Ponce, Puerto Rico
11/2017- 03/2018	Advanced Interventional Pain Management Center	Florida, United States
04/2018 – 08/2019	Florida Spine &Joint Institute	Florida, United States
01/2020 - Present	iRise Spine and Joint	Florida, United States
08/2019 – 06/2023	AAA Physicians	Florida, United States
08/201 – 05/2023	Encompass Chiropractic/Imperial Orthopedics	Florida, United States
05/2023 – Present	Surgical Consultants of Florida	Florida, United States
11/2020 – Present	Promethium Medical	Florida, United States

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FELLOWSHIP

F.A.A.P.M.R., A.B.P.M., A.B.D.A

2004 - 2005

Spine and Musculoskeletal Medicine

Gainesville, FL

University of Florida

Spine Care Center, Division of Physical Medicine & Rehabilitation, Department of Orthopaedics and Rehabilitation, College of Medicine

- *Evaluation and treatment of patients with musculoskeletal spine problems and sports injuries*
- *Electrodiagnostic studies*
- *Intermittent coverage of inpatients at Shands Rehab hospital*
- **Interventional Techniques:** *selective nerve root blocks, lumbar facet blocks, cervical and lumbar epidural injections, peripheral nerve blocks and peripheral joint injections*
- *Osteopathic manipulation medicine techniques for patients with spine related problems*



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RESIDENCY

2001 - 2004 **Physical Medicine and Rehabilitation** **East Meadow, NY**
Nassau University Medical Center, Department of Physical Medicine and

INTERNSHIP

Rehabilitation

2003 – 2004

Chief Resident

2000 - 2001 **St. Luke’s Episcopal Hospital**

Ponce, Puerto Rico

MEDICAL SCHOOL

1996 - 2000 **Ponce School of Medicine**

Ponce, Puerto Rico

UNDERGRADUATE EDUCATION

1992-1996 **Pontifical Catholic University of Puerto Rico**
- BS Degree in General Sciences

Ponce, Puerto Rico

CLINICAL APPOINTMENTS

2005 – 2007 San Cristóbal Hospital Ponce, Puerto Rico

2004 – 2005 Spine Med Tampa, FL

2004 – 2005 Shands HealthCare System Gainesville, FL

- Shands of Alachua General Hospital

- Shands at University of Florida

- Shands Rehab Hospital

- SpineCare Center

- Ayers Medical Plaza

LANGUAGES

SPANISH: Fluent (written and spoken), native language.

ENGLISH: Fluent (written and spoken)

SPEAKER

2019 Guest speaker for “Despierta Orlando” Univisión.

2017 Guest Speaker for CNN in Spanish for Medical Cannabis Interview.

2017 Guest Speaker for Healthcare Alliance for Medical Education at “2017 Best Practices in Primary Care Meeting”.

2017 Deposition for the public views of the Senate of Puerto Rico for Medical Cannabis Law.



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2017	Guest Speaker as a Medical Cannabis researcher and speaker for IMC.	
2016-2017	Guest speaker for Puerto Rico MedCannBiz	
2016-2017	Director and professor for: <ul style="list-style-type: none">- <i>Advanced Course for doctors</i>- <i>Budtending Course</i>- <i>Occupational License Course</i>	
2016	Guest speaker for Academic Sciences of Puerto Rico on Medical Cannabis	
2016	Guest speaker at TV station program “ <i>Tu Salud Informa</i> ”	
2015	Guest speaker for PR College of Physicians and Surgeons, CME lecture	
2015	Guest speaker at TV station program “ <i>Tu Salud Informa</i> ” for Medical Cannabis. Interview as a Cannabis	
2015	Speaker for Asociación de Cardiología de Puerto Rico, CME lecture	
2015	Speaker for Asociación de Urología de Puerto Rico, CME lecture	
2015	Guest speaker for Asociación de Médico del Este, CME lecture	
2015	Guest speaker for Casa del Médico de Arecibo, Inc., CME lecture	
2015	Guest speaker at Casa del Médico de Ponce, CME lecture.	
06/1995 – 09/1995	University Hospital, Centro Médico Volunteer , Department of Emergency Medicine	Río Piedras, Puerto Rico
06/1995 – 09/1995	Columbia University College of Physicians and Surgeons <i>Define the role of C/EBP proteins in the expression of HIV</i>	New York, NY

PROFESSIONAL AFFILIATIONS

- American academy of anti-aging medicine
- Seeds scientific research and performance
- American Androgen Society
- American Academy of Pain Management
- American academy of physical medicine and rehabilitation

PUBLICATIONS

“Trochanteric bursitis” Essentials of Physical Medicine and Rehabilitation. Review and Self-Assessment. 2003.



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PRESENTATIONS AT PROFESIONAL MEETINGS

- October 2003 **64th Annual Assembly of the American Academy of PM&R** **Chicago, IL**
- *“Serotonin Syndrome with Tramadol and Nefazodone Concomitantly: A case report”*
 - *“Chronic Headaches after Unilateral Cochlear Implant: A case report”*
 - *“Ludwing’s Angina complicated by nerve injury: A case report”*

CONTINUING MEDICAL EDUCATION (LAST UPDATED 2017)

- 2017 Medtronic OsteoCool RF Ablation Therapy Training
- 2016 Marijuana for Medical Professionals 2016
- 2016 Curso para Recomendación de Cannabis Medicinal en Puerto Rico
- 2016 Pain Management Academy of Puerto Rico Annual Meeting: Tackling the Challenges and Consequences of Pain New Thinking New Choices
- 2016 42nd Annual Convention Casa del Médico, Inc. & Academia Médica del Sur
- 2015 Balloon Kyphoplasty Physician Training
- 2015 American Academy of Pain Management 26th Annual Meeting Orlando, FL
- 2014 American Society of Interventional Pain Physicians Cadaver Advance Disc Decompression & Vertebral Augmentation and Ultrasound for Non-Spinal Injections.
- 2014 Boston Scientific Neuromodulation: Spinal Cord Stimulation, Miami, FL
- 2014 American Society of Interventional Pain Physicians 16th Annual Meeting, New Orleans, LA
- 2013 American Academy of Pain Management 24th Annual Meeting Orlando, FL
- 2013 PMAPR 2013 Annual Meeting: The Pain Storm II. The assessment and Management of Pain in San Juan, PR
- 2013 Pain Management in Rheumatic Diseases & 1st Endocrinology Forum, Ponce, PR
- 2013 CM CPR “Medicine, Health Promotion and Disease Prevention”, San Juan, PR
- 2011 North American Spine Society, Chicago, IL
- 2011 American Academy of Physical Medicine and Rehabilitation Annual Assembly, Orlando, FL
- 2010 Basic and Advanced Techniques in Electrodiagnostic Medicine
- 2010 Advances in the Diagnosis & Treatment of Neuromuscular Disorders
- 2010 Principles and Practice of Pain Medicine, Boston, MA
- 2005 Cervical and Thoracic Injection Course, Memphis, TN
- 2004 Lumbar Injection Course, Memphis, TN
- 2004 Principles of Osteopathic manipulation, Phoenix, AZ
- 2004 Lower Limb Prosthetics and Orthotics Course, New York, NY
- 2003 Principles and Emerging concepts of Electrodiagnostic Medicine, New York, NY



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OTHER EXPERIENCE

2014 – PRESENT	San Cristobal Hospital Attending Physician	Ponce, Puerto Rico
2014 - PRESENT	Centro Quirúrgico de la Montaña Attending Physician	Cayey, Puerto Rico
2006 – 2007	San Cristobal Hospital Attending Physician	Ponce, Puerto Rico
2006 - 2007	San Cristobal Hospital Professor of Physiarty for Transitional Residency	Ponce, Puerto Rico
2006 - 2007	Radio Leo, UNO Radio Group Invited Speaker for “Platicando de Salud con JL”	Ponce, Puerto Rico
01/2005 – 06/2005	University of Florida Clinical Research Co-Coordinator <i>“Efficacy of Slump Stretch Treatment”: A Pilot Randomized Control Trial</i>	Gainsville, FL
01/2005	World Spine Society Review Committee for Nonoperative Treatment Abstracts - <i>Third international Congress on Spinal Care – Rio de Janeiro, Brazil; July 31 – August 3, 2005</i>	
05/1999 – 06/1999	Ponce School of Medicine, Department of Physiology Research Assistant and Protocol Developer <i>Investigate the role of TNF Alpha in Inflammatory Bowel Disease</i>	Ponce, Puerto Rico
01/1996 – 06/1996	Ponce School of Medicine, Department Anatomy Research Assistant Apoptosis of Sertoli Cells in post – vasectomy patients	Ponce, Puerto Rico

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